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Mission Month: Conversion that bears fruit

Tell us your story

Rev. 12:11

In this issue:
Mission Month: Conversion that bears fruit
Evangelism to Police
Growing spiritually through mentorship
Cathedral Ministry Staff

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Contents

1  Provost’s Desk: Conversion that Bears Fruit
By The Very Rev. Canon Sammy Wainaina

4  News & Notices

5  Mission Month focus: Evangelism to Police
By Cledwyn Mamai

7  The Parables – The Great Feast
By Kuria Murimi (10 years)

8  By The Rivers of Babylon
By Cledwyn Mamai

10  The Individual Makes the Decision
By Canon Micah Amukobole

13  Growing Spiritually through Mentorship–
the Adili Experience
By Nduta Malinda and Prof. Ruth Kiraka

17  Overcoming Procrastination
By Wilberforce Wangalwa

23  The Technocrat: Tech Addiction Part 2
By Peter Kamau

26  Clean Cooking
By Patricia Mbogo

30  The Cathedral Guild Annual Retreat
By Repher Amukobole

33  Reflections of Disability Part 3: Role of The Church
By Julius Oladipo
As has been the tradition over the years, August is mission month where we lay emphasis on the call to salvation. We purpose during the month to have sermons and activities geared towards the invitation to salvation and recommitment to Christ. This year we intentionally incorporated testimony time as a key segment during the main services. This is rare at the Cathedral but we believe it to be a very practical way in which Christians can share their faith with others.

Our conversion story helps believers and non-believers alike to relate to the message of the Gospel. Thereby, the Gospel is reenacted in our lives through our testimonies.

Furthermore, sharing our faith with others is not a privilege of clergy or church workers but a requirement for all believers (Matthew 28:20). In Revelation 12:11 which has been our theme Scripture, we are told, “They overcome him through the blood of the Lamb and the Word their testimony.” Our testimony is very powerful because it is often practical and relatable and as such an important ministry tool.

Consequently, never before has it been more important to share our testimony as we are living in a cruel and perverse world. We are constantly inundated with secular ideologies and lies that challenge our moral standing, our relations with others and our religious beliefs and convictions. Undoubtedly so, such ideologies have been packaged in stories that sway the emotions towards a stance aligned to the ideology being propagated. Scripture is thus proved right when it admonishes us not to be like infants tossed about by every wind of teaching crafted by clever men in their deceitful scheming (Ephesians 4:14).

How then do we counter such schemes that have made inroads...
even in the Church? What can be done to solidify our faith and belief in Christ Jesus our Lord? And what should be done to reach out to others with our faith?

We must begin by recognizing the times we are living in: The Bible clearly teaches that society will degenerate in the end times becoming as evil as it was in the days of Noah (Matthew 24:37-39). 2 Timothy 3:1-5 describes specifically how perversion will increase. This perversion will then cause the love of many to grow cold which will then result in many professing Christians falling away (Matthew 24:12).

To avoid falling away and losing faith, Christians must reaffirm their faith in Christ by doing the following:

i. **Order our priorities** – Reviewing what takes priority in our lives honestly. Many Christians have allowed their priorities to get mixed up. Usually, job/career takes first place then family second and God third or even fourth above our favourite hobbies – football, cooking, farming, chamas, whatever it may be.

ii. **Stand on the Word** – The Bible tells us that the end times will be an age of deception. 2 Timothy 4:3-4. In fulfillment of that prophecy we are today being bombarded with false doctrines offered to us through Christian cults, Easter religions and the New Age Movement. Consequently, many professing Christians have become gullible to spiritual deception because they are not sure what they believe and why they believe. Testing every doctrine or prophesy against Scripture and fellowshipping regularly with other believers will keep deception at bay.

iii. **Persist in Prayer** – One of the greatest blessings of God to believers is prayer. It demonstrates God’s desire to communicate and fellowship with us at a personal level. Unfortunately, many Christians are inclined to turn to prayer as a last resort i.e. when all else fails and things turn desperate. Some of this reluctance is due to pride or otherwise unbelief. We must persist in prayer even when we have not the words to express ourselves for the Holy Spirit prays for us and gives us the utterance when we know not what to pray (Romans 8:26).

iv. **Rely on the Holy Spirit** – Many professing Christians seem afraid of the Holy Spirit which is usually due to a lack of knowledge concerning the person of the Holy Spirit. When Jesus Christ ascended
into heaven, He promised the coming of the Holy Spirit who is the supernatural presence of God in the world today. (John 16:5-11). He is God’s evangelist drawing men to God and His indwelling presence in believers’ provides power and guidance. He is also an enabler, daily shaping Christians more fully into the image of Jesus Christ. (2 Corinthians 3:17,18). Ironically, we cannot serve God in our own power inspite of our best efforts. Therefore, we must be filled with the Spirit (Ephesians 5:18) for it is the only way we can bear fruit in our lives.

When we do the above we remain relevant and better able to share our conversion story with others.

The Apostle John understood the secret in sharing the conversion story. In all his writing he emphasizes the power of testifying what God has done in us and for us. He clearly states that the believer’s victory on Earth is through the blood of Christ shed at Calvary, the believer’s testimony conversion story and one’s complete surrender to the will of God even to the point of death. This is a clear indication that there is power in sharing our testimonies.

It is in the sharing that our faith in God is made sure because we have to ascertain why we believe and what we believe; it is in sharing that we encourage and raise hope giving assurance of victory as we too recall the numerous blessings and victories we have had and it is in sharing our conversion story that we participate in the great commission to go out into the world and make disciples of all nations (Matthew 28:19-20). And by so doing we can stand confident to know we have borne fruit that lasts and our labour and love in the Lord is not in vain. My challenge to us today is; GO OUT and TELL YOUR CONVERSION STORY.

v. Keep an eternal perspective – We are to be in the world but not of the world (John 17:11,16). This is a difficult principle to follow because it constitutes a daily struggle. It is so easy to become “politically correct” by conforming to the world, its language, ideologies, values even entertainment. That is why Scripture constantly exhorts us to consider ourselves as strangers who are just passing through this world (Hebrews 11:13) and additionally to “set our minds on things above, not on the things in this world” (Colossians 3:2).
News & Notices

Egypt/Israel Pilgrimage - Tentative dates for this year’s pilgrimage is 10th to 20th November 2016. Cost: USD 1,750 sharing and USD 2,250 single. This includes flight to Egypt/Israel; airport transfers; excursion fees and accommodation and meals at the hotel. Those travelling are encouraged to make payments in US Dollars to avoid the Dollar rate fluctuations at the ASC Office during office hours i.e. 8am to 5pm or Saturday 9.30am to 1.30pm.

MOM Annual Conference 2016 - The annual Marriage Outreach Ministry (MOM) conference will be held from 20th to 23rd October 2016 at PrideInn Paradise Beach Resort, Shanzu Mombasa. Cost: KES 33,000/= per couple (transport excluded) payable via MPESA Paybill No. 303036 Account: MOM Conference 2016. Online registration is now open. Please see the Cathedral website for registration details.

Financial Freedom for Families (F4) - will be hosting Investment Forums starting on 3rd September 2016. Come join us as we explore different investment options. We will kick off with a discussion guided by Rev. Dennis Tongoi on a currently hot topic “Betting & Gambling” followed by a game of CASHFLOW 101. To register please contact Eric on 0780-445545.

Bible Society of Kenya - is hosting the 2016 African Biblical Leadership Initiative (ABLI) at Kenya School of Government (KSG) from 27th to 29th September 2016 and is inviting all CEOs and church leaders to attend this leadership transforming conference. Full conferencing without transport will cost Kshs. 9,000/.
“Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age” were the final words uttered by our Savior to His disciples as He was about to be taken up into heaven. As Christians, this has been our rallying point as we seek to extend the kingdom within and outside the walls of our churches. Here in the Cathedral, this vision is in a larger part borne by the Evangelism and Outreach Pillar.

The Pillar has annually celebrated the month of August as mission month when a greater emphasis is placed on reaching out to the world and sharing the Gospel. This year, the planning committee scheduled as one of its ministry outreach activities, evangelism to traffic police officers. On Wednesday 17th August 2016, members of the committee, adorned in branded T-Shirts, walked to various roundabouts in the vicinity of the Cathedral and shared God’s word with the officers manning the roundabouts with a tangible gesture of a branded umbrella to each police officer. As the adage goes, charity begins at home and so the first port of call was the security guards at the Cathedral gate who were each given an umbrella. The roundabouts visited were University Way, Nyayo House, Haile Selassie, Bunyala Road and Nyayo Stadium roundabouts all along Uhuru Highway and the Nairobi West roundabout along Langata Road. The message shared with the police officers was about God’s love.
The Evangelism team lead by Rev. Peter Nzimbi

Rev. Peter and Kevin ministering to a Policeman at Nairobi West Roundabout

On the mission
Last month we focused on the parable of the rich fool and I left you with a question. The question was if you were the rich man what would you do with your money? What I would do is: would use it to create a better place. The meaning of the parable is you should not keep everything to yourself or in other words share what you have!

This month we will focus on the parable of the great feast taken from Luke 14:15-24 or Matthew 22:1-10.

When one of the men sitting at the table heard this he said to Jesus, “How happy are those who will sit down at the feast in the kingdom of God.” Jesus said to him, “there was once a man who was giving a great feast to which he invited many people. When it was time for the feast he sent his servant to tell his guests, “Come everything is ready!” But they all began, one after another to make excuses.

The first one told the servant, “I have bought a field and must go and look at it; please accept my apologies.” Another one said, “I have bought five pairs of oxen and I am on my way to try them out, please accept my apologies.” Yet another one said, “I just got married and for that reason, I cannot come.”

The servant went back and told all this to his master. The Master was furious and said to his servant, “hurry up to the streets and alleys of the town and bring back the poor, the crippled, the blind and the lame. Soon the servant said, “your order has been carried out Sir, but there is room for more.”

So the Master said to his servant, go out to the country roads and lanes and make people come in, so that my house will be full. I tell you all that none of those who were invited will take my dinner!”

I will tell you the meaning of this parable next month. Thank you!
Perhaps one of the most retold events of the Old Testament is the story of the exile of the Jews to Babylon in the 6th and 7th centuries BC. Occurring in succession several times, the exile was perpetrated by King Nebuchadnezzar II of Babylon as a punishment after the Israelites failed to pay tribute to him and chose to rebel.

Under the reign of King Nebuchadnezzar II, the Babylonian Empire spread throughout the Middle East, and around 607 B.C., King Jehoiakim of Judah was forced into submission, becoming a vassal to Nebuchadnezzar. After three years of serving Nebuchadnezzar, Israel rebelled against Babylonian rule and turned to Egypt for support. After sending his army to deal with Judah’s revolt, Nebuchadnezzar himself left Babylon in 598 B.C. to deal with the problem. Arriving in Jerusalem around March of 597 B.C., Nebuchadnezzar laid siege to Jerusalem, taking control of the area, looting it, and taking captive with him Jehoiakim’s son, Jehoiachin, his family, and almost all of the population of Judah, leaving only the poorest people of the land.

Despite all the historical explanations to it, the exile was in fulfillment of prophecies that had been made (Hosea 8:9-10 & Deuteronomy 28:49) and also warnings by God to the Israelites (Leviticus 26:32-33) about the imminent punishment for their disobedience. Even after God had delivered them from bondage in Egypt and helped them to conquer and take over the Promised Land, the Israelites still turned away for God and began worshipping other gods as well as engaging in other despicable acts that God had warned them about. The King Nebuchadnezzar and by extension, Babylon was used as an agent of punishment by God to discipline His chosen people, the Israelites.

The period under exile was a sad affair for the Israelites as they were denied their freedom and rights as written in Psalms 137:1-4, “By the rivers of Babylon we sat and wept when we remembered Zion. There on the poplars we hung our harps, for there our captors asked us for songs, our tormentors demanded songs of joy; they said, “Sing us one of the songs of Zion!” How can we sing the songs of the Lord while in a foreign land?”

By Cledwyn Mamai

BY THE RIVERS OF BABYLON
is imperative to note that before the conquest, Israel had been feared and revered as being a nation chosen and protected by God hence both the captors and the captives were both surprised at the turn of events.

As it has been God’s plan and nature from the beginning of time, He has always provided a means of redemption for all those who fall short of His commands. Throughout the Bible and indeed in our lives, God has never denied man a chance to come back to Him with the most outstanding being sending His Son to save man from our sins. Even with the impending captivity and tribulations in Babylon, God through the prophets promised to redeem the Israelites from exile and restore the nation of Israel. In Jeremiah 32:32, God affirms that indeed the people of Israel and Judah had provoked Him, in verse 37 He promises to gather them from all the nations where they had been scattered and restore them back to a place of safety. This prophecy came to pass when King Artaxerxes allowed Nehemiah, Ezra and a few other exiles to go and rebuild the city of Jerusalem which had been lying in ruins. Progressively, more and more Israelites were allowed back to their land until the whole community was back. This restoration made the Israelites sing with joy (Psalms 126) and made the nations believe that surely God was with the Israelites.

In our contemporary lives as Christians, we are often put in a position of doubt about God’s protection and providence. Swayed by our human nature, we always expect things to be working seamlessly simply because we believe in God and we are saved. As was with the Israelites back then, anything that goes contrary to this is usually met with doubt and in extreme cases some seek alternative avenues when they feel God can’t or hasn’t helped.

The fact that things will not always be rosy was confirmed by Jesus Christ as He was about to be arrested and crucified. As He was praying, Jesus asked His father to strengthen His disciples as the devil was always on the prowl (John 17:15).

The fact that one loses his job, family or one undergoes a tough time should not be reason enough to denounce one’s salvation. As we go through life, we need to accept the fact that there will always be trials and tribulations which will afflict us and cast doubt on our beliefs. This might leave us with seemingly unhealable wounds and hurt. As James wrote in letter, we ought to be joyful when we face trials of many kinds because the testing of our faith produces perseverance which makes us mature and complete. Indeed, being afflicted may not be connected to our transgressions but rather as Jesus said in John 9:3 that the works of God may be displayed.
The Individual Makes the Decision

By Rev. Canon Micah Amukobole

“For there is no distinction: for all have sinned and fall short of the glory of God, and are justified by his grace as a gift, through the redemption that is in Christ Jesus.” Romans 3:22-24

God does not punish the children for the parents’ sins unless they tread in their parents’ steps and fill up the measure of their iniquity. Nor does God justify the children based on their parent’s righteousness. When it comes to the Kingdom of heaven the loving Lord deals with each individual as He created them.

As I grew up, I thought of myself as a “grandchild of God”. I argued that since I came from a Christian heritage and grew up under the umbrella of the fear of God, thus the assumption that I had the right to be a grandchild of God. My great grandfather was religious and feared God in the pre-missionary days, as the Christian missionaries started to arrive towards the end of the 1800. In the days of my grandfather’s youth he would be sent to Mumias, the trading centre, about thirty kilometres away to sell his father’s blacksmith-wares, he would be warned not to go to the Islamic place but try to make friendship with the CMS missionary. There were missionaries who would come from Uganda. This was evident that my great-grandfather was conscious of the different between Islam and Christianity.

So when the first missionary came to Butere in 1912 my grandfather joined him almost immediately working as an evangelist throughout the western region. My father was born in the mission and was educated in Christian schools giving him an opportunity to make a decision for Christ. Similarly, my mother came from a Christian family, schooled and taught in a Christian girl’s school. Together with my sisters and brothers, we were raised in a God fearing family, going to church was the normal thing to do, baptism, confirmation and teaching in Sunday school was routine. I helped my mother teach Sunday school when I was barely 12 years. So what was to stop me from claiming that I was a grandchild of God?
“The one who sins is the one who will die. The child will not share the guilt of the parent, nor will the parent share the guilt of the child. The righteousness of the righteous will be credited to them, and the wickedness of the wicked will be charged against them.”

It was not until my second year in High School aged 16 that Ezekiel 18:4 and further verse 20 opened my understanding, convicted me that I confessed my sins and invited Christ in my life. This beginning was so glorious that I sought the Lord to fill me with the Holy Spirit. This desire to know more of the Lord created a hunger for the study of the word in much prayer and fellowship, He put a special call upon me to serve Him. After my studies and teaching at Maseno High School for three years I responded to the Lord’s call to fulltime Christian ministry as a son of God no longer as grandchild of God. It has been a joy walking with Lord since 1962.

“God “will repay each person according to what they have done.” To those who by persistence in doing good seek glory, honour and immortality, he will give eternal life. But for those who are self-seeking and who reject the truth and follow evil, there will be wrath and anger. Romans 2:6-8

In Ezekiel 18, it is clear without any doubt that God deals with each one of us as individuals holding us responsible for the righteous or sinful actions. You cannot core-share your spiritual matters and be blamed or blessed with your parents. Wake up God sees you as an individual as His special creation, when He speaks He wants to talk to you directly. Babies are sure in the blessings of their parents until they grow to the level when they start to make their own decisions.

Firstly, the sinner that persists in sin shall certainly die, his immorality shall be his collapse: The one who sins is the one who will die, shall die as a soul can die, shall be excluded from the favour of God, which is the life and delight of the soul, and shall lie for ever under his wrath, which is its death and misery.

Secondly, when the individual turns from his sin and turns to God, the Lord’s transformation makes the individual a child of God, often referred to as new birth. This marks the beginning of a new relationship with Christ walking and persevering in his righteousness, the road to life with the Father.

“None of the offenses he has committed will be remembered against him. Because of the righteous things he has done, he will live.” Ezekiel 18:22

We begin the journey of faith.

This is the beginning of a happy walk with the Lord, a life for ever in the love
and favour of God. The Living New Translation expresses 1 Peter 2: 2-3 beautifully:

“Now that you realize how kind the Lord has been to you, put away all evil, deception, envy, and fraud. Long to grow up into the fullness of your salvation; cry for this as a baby cries for his milk.”

First the desire, the craving as a new born for the milk of the mother crave for the word of God, the scriptures which straightens us and helps us do what is right. A regular reading and study of the Bible is the lifeline of the Christian. Praying the Lord to open your inner understanding for direction on this path of faith. This will enable you to grow until you achieve as David in Psalm 18.

The desire of every Christian is stated by Paul in Philippians 3:10 “That I may know Christ.” To be fully acquainted with his nature, his character, his work, and with the life of salvation which now we walk. It is one of the highest objects of desire in the mind of the Christian not only to know Christ but allow Christ abide in his/her life.

Do you have that burning desire to accomplish more for the Lord? Have you set specific goals of work you want to accomplish for God, improvements to make, new levels to reach?

“My brothers and sisters, think of the various tests you encounter as occasions for joy. After all, you know that the testing of your faith produces endurance. Let this endurance complete its work so that you may be fully mature, complete, and lacking in nothing.”
James 1:2-4 (CEB)

Remember that the Christians who may be mature today did not get that way overnight. It took years of study and practice. And new converts will not become mature overnight. It will take time through many tests, temptations and trials that as they overcome they mature. They develop endurance, perseverance, and learn how to walk more closely to Christ who gives them victory in life. Yet Paul warns them saying:

“Therefore let anyone who thinks that he stands take heed lest he fall.”
1 Cor 10:12

Do not get discouraged as a new born Christian, trust in the Lord He will take you through. The older Christians should help, guide, and not be impatient or overly demanding but be your fathers in the faith. Be there first as coaches and mentors. The new Christians must get models they can follow.

“Follow God’s example therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.”
Ephesians 5: 1-2
Growing Spiritually through Mentorship - the Adili Experience

By Nduta Malinda and Prof. Ruth Kiraka

On Sunday 10th July 2016 the pioneer Adili class graduated at a colourful ceremony hosted at the Trinity Centre. The 57 young women had actively and enthusiastically participated in the six-month training and mentorship program that began in January. Through testimonies the ladies narrated how the program had transformed their lives and revived their desire to serve God and mentor younger ladies.

The ceremony was graced by the Provost, Very. Rev. Canon Sammy Wainaina who expressed his desire and pledged his support to see the ministry grow and reach more women, not just at the Cathedral, but the entire diocese. He awarded the graduates with Adili mementos and cut the celebration cake.

The Provost leads the cake cutting. To the left is Nduta Malinda (the Adili Patron) and to the right is Catherine Ogol (one of the Adili participants)
What is Adili?
ADILI is a Swahili word that means ‘Virtuous’. The Adili Program is therefore a ministry that reaches out to the young adult woman at All Saints Cathedral Church and seeks to train and mentor them to be virtuous women as God desires.

Why Adili?
Women can build or tear down homes, but only the wise one builds, (Proverbs 14:1). Besides wisdom, there is need for understanding and knowledge for a house to stand and be filled with treasure, (Proverbs 4:7; 24:3-4; 31:10-31). There is a need to nurture and mentor young women who will in turn mentor others (2 Timothy 3:16; Titus 2:3-5).

There is a general assumption that the young woman is equipped for her journey of faith. But the failure for her to receive instruction, counsel and advice from those who have gone before her, will likely land her in many unnecessary battles. Ignorance and unpreparedness on the roles of the young woman can be very costly. There are many godly, admirable older women at the All Saints Cathedral. These older women win the admiration of the younger woman because of their commitment to God, successful marriages, great careers, and passion for ministry. The question that plays in the young woman’s mind is: “How have the older women managed to lead successful and fulfilled lives?” The older women can help to shape the young woman into the woman God intended her to be and she can then serve as a role model to those who come after her.

For Whom?
The Adili Program targets the young woman aged between 23-35 years who is either just about to graduate from college or has graduated, and is seeking how and where to engage in the market place. She could be in a job or is scaling the heights of her career. She could be in a relationship or is embracing thoughts on the same. The young woman may struggle with questions on pre-marriage and marriage, coupled with anxiety that often springs from a delayed marriage. This young woman could be independent and successful in her career but she still feels unfulfilled in many ways. The young woman has a constant and great desire to know God’s purpose for her life and to fulfil it. She yearns to be fulfilled as she lives out God’s purpose for her life.

Vision
Nurturing a virtuous and God fearing woman.

Mission
To offer the young woman a platform for growth and accountability through instruction and mentorship based on the Word of God.
Objectives
To establish a forum for learning and growth for the young woman.
To provide the young woman with a safety net for accountability and support.

Program Structure
To create a platform for fellowship and building of relationships based on Christian principles.
To equip the young woman for the mentoring role.

Core values
• Integrity
• Prayer
• Accountability
• Stability
• Excellence

Adili has two main components: There are sessions of instruction run by various facilitators, and mentorship, in which each participant has a trained mentor to help walk her through the program.

The Christ-centred program lays emphasis on specific key areas of growth for the young woman which will include instructions on the spiritual, physical and social aspects of life, including mentorship. Over a 6-month period, five key areas of instruction are addressed:

1. **Spirituality:** my identity, my purpose, spiritual growth, spiritual gifts and talents, and service to God.
2. **Personal Development:** Maximising your potential, financial management, time management, strategic life plan, work-life integration, hygiene, etiquette and grooming.
3. **Managing Relationships:** managing family relationships, and managing relationships in society (workplace, neighbourhood, church)
4. Health: Food and nutrition, physical fitness, mental health, and medical cover.

5. Pre-marriage & Marriage: singlehood, pre-marriage, your wedding, and marriage.

The sessions run twice a month on Saturday afternoons (every 1st and 3rd Saturday).

The mentorship component provides mentors with a model to guide them. The model enables the mentees to assess their needs, set goals for specific areas of their lives and identify tangible actions to achieve their goals. This process ensures participation by both mentor and mentee as they discuss action points that the mentee would like to work on. It is expected that the mentorship will continue beyond the six months, as the participants seek mentors for different stages of their lives.

What Next?
Since the program emphasizes on practical implementation, it is expected that there will be evident transformation in each young woman who participates. The young woman will be equipped to mentor the younger generation. A deliberate plan will be put in place to ensure this process continues. This will create a continuous mentoring process for the young woman in the Cathedral.

Next Adili Class
We invite young women to register for the next Adili class that will start in January 2017. We are also calling on more women to register as mentors. Training for mentors is provided. Please look out for the notices and respond accordingly.

A big thank you to all those who volunteered as mentors, support team, and facilitators. Congratulations to the Adili graduates and we look forward to engaging more with you. A word of gratitude to the Provost for his support of this ministry.

May the Lord richly bless you all!

For more information on Adili please contact the cathedral office on: adili@allsaintsnairobi.org or the Adili team on adili.allsaints@gmail.com.

Some of the graduates show off their Adili souvenirs
By Wilberforce Wangalwa
Director of Education and Training for the Anglican Church of Kenya

As we were growing up, a story is told of a lady who for several days would stop the bus after it had passed the stage. In those days, buses only used to stop at the stage and only passed once a day. Eventually, a young man volunteered to accompany her to the stage to help stop the bus. He stopped it before it reached the stage and she was able to board it. The two sayings above are meant to help us take action at the appropriate time. The first one suggests that postponing small repairs or fixing something may result in you spending more time and resources to fix the extended damage. In the second adage, when you delay in expressing your interest you may lose your suitor to another. These two warn us against the dangers of procrastination – later spending more resources on it or suffering loss altogether.

Procrastination is the action of postponing or delaying something that needs to be done. So, action leads to inaction. In one way or another we delay doing certain things in order to do others. Many of us indeed justify our postponing certain things, even the repercussions of those delays. Since procrastination has a strong negative connotation let us look at some of the consequences of procrastination.

Dangers of Procrastination

Laziness: A person who perennially postpones things is eventually labeled as lazy since almost everything is left undone. This manifests itself at home, school and eventually at the workplace. Children and even adults who don’t make their beds in the morning after waking up, because they are running late, eventually don’t remove utensils from the table in the evening after dinner because they are tired and that can wait for the house keeper - tomorrow! Students who keep on postponing study of what they deem hard to conceptualize are unprepared at examination time. However, they create labels such as “book worm” for
those who delve in study. They cause unrest in schools to further postpone the problem. Indeed the recent unrest in schools may be attributed to procrastination. Such individuals carry their procrastination to the workplace and are quickly noticed and labeled as lazy. They always have excuses for inaction and have to be followed up on everything.

**Poverty:** Proverbs 10:4 states that “lazy hands make a man poor”. Proverbs 6:10 and 24:33 state that “a little sleep, a little slumber, a little folding of the hands to rest”, then your poverty will come in as a robber and your want like an armed man”. These verses and many others make it clear that poverty is a creation of rationalized postponement of things that are supposed to be done today. The mind looks at the tasks ahead, becomes overwhelmed and decides to do nothing by feigning tiresomeness. The reason why Jesus Christ may have been sure that the poor will always be with us is because, there will always be procrastinators. Charles Dickens says that "procrastination is the thief of time, collar him.” We know that time is money so when our time is stolen we inevitably become poor.

**Want** can be described as wishing for or yearning for something. We may yearn for a better life, status quo, food, money, clothing etc – but they may be far away from us because we postponed things that may have made our situation different. People in this state want to have things they have not worked for. Proverbs 20:4 says “a sluggard does plough in season”. Such a fellow will not have much to harvest and will be moving from one home to another looking for food. Sluggards will even have a good reason to eat seed given to them. They will consume all the capital for a business and go back to begging. They simply don’t want to commit themselves to doing anything today but they think is the business of other people to fend for them. May be by now you’re thinking of the many beggars you meet and your brethren who constantly call asking for money yet they have more than enough resources that they are not utilizing. However, be reminded of the dubious acts you engage in at your work place to meet your wants. Want is the foundation of corruption in our country.

**Low productivity** which leads to increased cost of living and the cost of doing business. Companies can only pay a fraction of what you have generated as your salary. If things that are supposed to be done today but instead take three days to be completed, then the wage for one day will be distributed among three days. It is vital to find out whether
our work is worth our earning. Divide your monthly salary into daily pay, then the daily pay into hourly pay. So when you spend two hours on Facebook and other social media, one hour chatting with colleagues and you leave your work place half an hour early after arriving half an hour late, meanwhile nothing on your desk has been concluded, judge for yourself how much is your work worth. Economies collapse when people are earning and consuming more than they are producing.

**Disorganized life** leading to reduced achievement since much time is spent on sorting out things. In one university, during the search for the Chairman of the Christian Union, several casual visits had to be made to the rooms of prospective candidates to find out whether they consistently made their beds! Postponing making the bed, washing dishes and cleaning the house creates the habit of indiscipline. This is then carried on to the school and workplace. Bright disorganized students hardly pay attention to detail. The world is full of brilliant people who have achieved dismally due to constant procrastination and is also full of less brilliant people who have excelled by simply maintaining the discipline of putting things in order at the right time.

**Procrastination leads to sin** since the work which is supposed to be done today is pushed to tomorrow, why should you eat today? Paul in 2 Thessalonians 3:10 says that “**For even when we were with you, we gave you this command: if anyone will not work, let him not eat**” It is wrong for any able-bodied healthy person to be avoiding work and still eat or live off others! May be it is time for those we feed to give and account why they deserve that plate of food or else we are helping them to sin by giving them food when they have not worked.

**Procrastination accelerates failure, hopelessness, anxiety and desperation:** Leaving work undone simply piles up the workload. One is found wanting when called upon to account for tasks given. Repeated failures may cause one to panic, do wrong things and become anxious about their job security. When people notice lack of performance, one may become hopeless and may carry out desperate acts like refusing to go to work, changing employment or even taking their life. On the other hand, one can become a day dreamer, entering the road without checking for traffic or ramming into other vehicles while driving. It may also lead to drug and alcohol abuse.
Factors that lead to procrastination

By now you may be appreciating the dangers of procrastination and may have associated yourself to some of them. But what are some of the factors that lead to procrastination? Here are just a few of them:

Loss that leads to sorrow and mourning In the book of Ruth, Naomi, Orpah and Ruth had lost their husbands. Naomi had indeed lost three most important men in her life – her husband and two sons. She took a step out of mourning to go back to Bethlehem but she was not willing to move on with the daughters-in-law. Indeed she was still mourning when she reached Bethlehem (Ruth 1:11-14, 20). On the other hand, Ruth dealt with the grief differently. She clung to Naomi, her people and her God and did not look back but matched on with her mother-in-law. When she reached Bethlehem, she embarked on the task of looking for food and eventually found a husband (Ruth 1:16-17, 2:2, 3:6). The way Ruth dealt with her misfortunes turned her fortunes to become the great grandmother of our Lord Jesus Christ.

Wallowing in sorrow will not make things better. In fact, it is disturbing to see the unnecessary long period of mourning Christians are now engaging in before burial. It is not a Christian tradition to wait for two to three weeks before burial. Jesus was buried on the same day he died while Anani‘as was buried even before his wife Sapphi‘ra knew he had died. (Acts 5:7). Not to mention that there are people who mourn their losses for years while all other things are at a standstill. In case you are in those circumstances, claim God’s promises to the bereaved (Psalm 68:5).

Fear of the unknown: Naomi didn’t know what awaited her in Bethlehem and she was scared of going back with the two daughters in law. However, Ruth overcame this fear and owned the land, people and their faith. She in fact had the courage of going to sleep at the feet of Bo’az although it was very dangerous (Ruth 3:7-9, 14). This courage helped her to move on and unlock gates that were closed.

Lack of confidence in decision making and making a move: Orpah did not make decisions by herself but went by the whims of her mother in law and therefore went back to her people – crying! Quite often we leave things hanging because we don’t trust ourselves to make good moves or are scared of the consequences. We may think more of what people will say when we fail to do it right and therefore wait for somebody else to
start. We are then quick to jump in and claim to be the originators of the idea. We need to develop confidence and be ready to risk failure and move on. Children only learn to walk by falling many times, yet when we grow older, falling becomes a shameful thing!

Those who fail need to be encouraged so that they can try again. They should not be punished. Children who are punished for failing easily develop a mental blockade and they stop trying again. Since people will always laugh, deride, punish, castigate, and downgrade those who fail, there is need to encourage ourselves to rise from our failure and move on the way David did in 1Samuel 30:6 when the people he was leading were bitter with him and wanted to stone him. He indeed moved on and rescued their families. Jonathan decided to start the war against the Philistines although they did not have weapons and everybody was terrified (1Samuel 13:19-14:14). David also broke the impasse between Israel and the Philistines by killing Goliath (1Samuel 17:32). No wonder David and Jonathan were friends. How about the four lepers at the gate of Samaria? They decided not to sit at the gate and die but risk their lives by going to the camp of the Arameans where they could find food (2Kings 7:3-5). In the process they saved the whole of Samaria.

**Poor setting of priorities:** Bo’az was a man known for having his priorities right (Ruth 3:18). He gave the matter of Ruth priority and had it settled the same day. All the things that need to be done can be classified as very important or less important; very urgent or less urgent. A combination of the importance and urgency of a matter should help one prioritize it well. For Jesus, waiting for the Samaritan to come to Him was more important and urgent than eating although He was hungry. In fact He says that His food is to do the will of Him who sent Him (John 4:34). Being able to set priorities right is the whole mark of a disciplined person. It is however noteworthy that the very important and urgent things are the most challenging, time consuming, expensive, risky and strenuous things. The very thought of them causes one to regress to easier things that may be important but not urgent or urgent but not important to ourselves and the organisations we work for.

The act of postponing good ideas will have them never actualized. Many institutions lie on great ideas and resolutions that no one has had the guts of implementing – always “leaving it for those to come”. It is no surprise then that although the land for the Northern and Eastern bypasses was acquired in the 1970s the roads were constructed almost three
decades later, and that although the beacons of for the Southern bypass were placed in 1939, the actual work was started after 70 years. In those days land would have been acquired almost for free. Now it costs more than an arm and a leg. How about the City of Nairobi, which is on its 3rd decade without a comprehensive physical plan? All the traffic jams, pollution, wrong placement of structures, narrow roads, poor social amenities are fruits of procrastination. How about in your own life what has procrastination stolen?

As I conclude, the following quotes from renowned people may help us reflect seriously on procrastination:

“Success is not obtained overnight. It comes in instalments; you get a little bit today, a little bit tomorrow until the whole package is given out. The day you procrastinate, you lose that day’s success”  
Israelmore Ayivor

“You cannot escape the responsibility of tomorrow by evading it today”  
Abraham Lincoln

“God has promised forgiveness to your repentance, but has not promised tomorrow to your procrastination.”  
St. Augustine of Hippo.

“Time is an equal employer. Each human being has exactly the same number of hours and minutes every day. Rich people can’t buy more hours. Scientists can’t invent new minutes. And you can’t save time to spend it on another day. Even so, time is amazingly fair and forgiving. No matter how much time you have wasted in the past, you still have an entire tomorrow”  
Dennis Waithy

Finally,  
“Only put off until tomorrow what you are willing to die having left undone”  
Pablo Picasso
Technology is dominating every aspect of our lives. People spend too much time in front of the computer that it becomes the center of their lives. This being the second part of “Tech Addiction” We continue on other forms of addictions.

Types of Technology Addictions

Internet Addiction – Internet addiction is a psychological disorder that causes people to spend hours browsing and surfing the internet to the point that it affects their health, job, finances, or relationships. Internet addiction can be divided into five categories namely:

- **a) Computer-based:** When a person becomes obsessive about playing computer games, programming software, or other computer-related tasks.
- **b) Cyber-relationship:** When friendships made online in forums and chat rooms take the place of physical socialization with friends and family members.
- **c) Cyber-sexual:** obsessions with adult-only chat rooms or online pornography.
- **d) Information overload:** excessive and compulsive database
searches and surfing the web for information.

e) **Net compulsions**: an addiction based on obsessive gambling, auctions, or online trading.

**What are the effects of internet addiction?**

i) **Physical Health** - Obesity is on the rise as hours are spent seated with little physical exercise. An individual’s vision is affected as a result of staring at screens for too long. Some addicts even forget to eat. This affects their growth and development, especially for teenagers and young adults.

ii) **Moral decay** - With liberalization of the internet use and mobile internet enabled devices, pornographic sites are just a click away. Social media sites are opened for all to savor, display and experiment on all forms of moral vices from drug vending, radicalization to human trafficking.

iii) **Mental Disorders** - This negatively affects the mind of the individual as they lose focus and can only concentrate on the Internet. The individual tends to forget other important aspects of life. Concentration is greatly reduced affecting the academic status of students. It lowers productivity as one cannot handle several issues at the same time.

iv) **Social Impact** - Internet addicts spend too much time socializing online, and replace their real life relationships with online ones. This causes great harm, especially if something happens and they require support from family and friends they neglected for the sake of online friends.

v) **Financial losses** - Internet compulsions make addicts concentrate on the Internet to gain money. They gamble and engage in other activities that require money. Whenever they do not win in the gambling game, or the auction fails, they lose their money. This affects their financial and economic status.

**Gaming Addiction** - There is a new “drug” in town and it’s called gaming. Even in the slums, small unkempt stuffy rooms have been equipped with large HD screens and gaming controllers worth a fortune. The rooms are packed full with neighborhood kids highly focused on pressing on the controllers and playing the latest video game with admirable precision! Despite there being recent discoveries on positive effects of gaming, let’s look at the negatives.

**What are the effects of gaming addiction?**

i) **Strained Relationships** - Friendships and familial
relationships suffer when a child spends more time gaming than interacting with people.

ii) **Increased Aggression** - Video games that feature violent actions and scenarios may lead addicted players to be desensitized to violence e.g. players who become engrossed in shooting-style video games, for example, may adopt a detached view of society or develop aggressive thoughts and tendencies.

iii) **Poor Performance** - Long hours playing video games can negatively affect your child’s performance in school or your turnover at work as a result of late night gaming. Insomnia and interrupted attention is common in gamers.

iv) **Teaches Wrong Values** - Besides violent behavior, video games also teaches teens wrong values. Video games portray women as weaker characters. They depict women as helpless and sexually provocative beings. Teens also pick up bad language and behavior while playing with other people online.

v) **Adverse Effects On Health** - By spending too much time playing video games they rarely participate in activities that can keep them healthy and fit, leading to obesity, muscular, skeletal and postural disorders, video-induced seizures, nerve compression and numbness in hands, elbows and shoulders.

Though all of us can attest that technology is the force behind great human living and has made life tolerable and work extremely easy, moderation and care should be exercised lest we become puppets and slaves at the click of a button. The only person that is allowed to capture us is Jesus. I don’t mind being His slave either!

_In the next issue we will focus more on the preventive and curative approach to Tech Addiction._

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Twitter handle: @kamapev
Climate change impacts us all. Reports from the Intergovernmental Panel on Climate Change highlights that rising global temperatures will very likely increase the frequency and intensity of heat waves, droughts and heavy rainfall events, adversely affecting agriculture, forests, water resources, industry, human health and settlements. The aftermath of these events impacts many people around the world, especially those in developing countries.

While there are many contributors to climate change, one that may be surprising is cooking. The smoke and emissions from cooking with solid fuels not only impact our health, but they also significantly contribute to environment degradation and climate change. In Kenya illnesses linked to cooking smoke claim more than 15,000 lives a year and cause strokes, respiratory illnesses, and other health issues. Beyond the health impacts, the smoke from cooking fires emit up to 25% of the world’s black carbon, which is a leading contributor to climate change.

Much of the harm is due to the fact that more than 80% of our population...
relies on solid fuels like firewood and charcoal for cooking.

The environment suffers when people collect wood every day from their local forests to create charcoal or fuel for wood-burning stoves. The act of destroying local forests leads to an unsustainable pace of deforestation that causes loss of watershed, mudslides and other environmental consequences.

Burning solid biomass is inefficient at converting energy to heat for cooking and releases a toxic mix of health-damaging pollutants that contribute to climate change at regional and global levels. In particular, some of these pollutants, such as black carbon and methane, have short life spans but significant consequences for the climate. Black carbon, which results from incomplete combustion, is estimated to contribute the equivalent of 25% to 50% of CO2 warming globally.

Global warming occurs when carbon dioxide (CO2) and other air pollutants collect in the atmosphere and absorb sunlight and solar radiation that have bounced off the earth’s surface. Normally, this radiation would escape into space—but these pollutants, which can last for years to centuries in the atmosphere, trap the heat and cause the planet to get hotter.

The environment suffers when people collect wood every day from their local forests to create charcoal or fuel for wood-burning stoves. The act of destroying local forests leads to an

Photo credit: Håkan Jansson/Alamy Harsh - extreme weather conditions have been experienced globally due to global warming.
unsustainable pace of deforestation that causes loss of watershed, mudslides and other environmental consequences.

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Methane emissions are also reported to be the second largest cause of climate change after carbon dioxide. It is clear that inefficient household energy use has adverse consequences for the environment, air quality and human health.

Climate change has already been felt in Africa and a key significant feature is the gradual yet dramatic disappearance of the glaciers on Mount Kilimanjaro is a result of climate change (IPCC, 2001). The glaciers which act as a water tower and several rivers are now drying up. It is estimated that 82% of the ice that capped the mountain, when it was first recorded in 1912, is now gone. (IPCC, 2001).

Kenya is already experiencing the effects of climate change through recurrent droughts, floods and overdependence on rain fed agriculture thus poor agriculture production which has led to a rise in poverty levels especially in arid and semi-arid areas.
The disappearance of the Mt. Kilimanjaro glaciers has been as a result of global warming.

Clean cookstoves can help address climate change and in addition to the health and economic empowerment benefits associated with use of clean cookstoves, the cookstoves and fuels can also lead to a more sustainable and cleaner environment and thus reduce a large share of emissions from cooking with biomass. Such reductions of emissions will also reduce indoor and outdoor pollution, less pressure on forests and economic and time savings due to the reduced need to search for or purchase costly fuels.

To save millions of lives and addressing climate change, we must tackle the clean cooking issue. The more than 1500 partners of the Global Alliance for Clean Cookstoves are working to create a thriving global market for clean and efficient household cooking solutions. We invite you to learn more about the Alliance’s work at www.cleancookstoves.org and support spreading the word about how clean cooking is critical to addressing climate change and protecting our environment.

Photo credit: David Mwanga. Floods have caused homelessness, property destruction and loss of life in Kenya.
THE CATHEDRAL GUILD ANNUAL RETREAT

By Repher Amukobole

The Cathedral Guild annual retreat took place from 10th to 13th June 2016 in Kaimosi, Vihiga County. We boarded a shuttle from All Saints’ Cathedral and set off by 7am after a prayer for God's blessings. We had a safe and peaceful journey arriving in Kaimosi at about 3 pm. Our host Florence Chazima welcomed us warmly to her home.

After tea we had a session to discuss our expectations and the activities for the next two days. After dinner, we had a session of testimonies and sharing as the Holy Spirit led us. We had the opportunity to hear from everybody how God had performed many miracles in their lives. One of the highlights of the testimonies was on God’s faithfulness if we fully trust in Him. Our host narrated how the Lord had enabled her to win many hurdles single-handedly. Last year God enabled her to bear her brother’s funeral without stress because God touched many friends and sympathizers who sent to her good contributions.

We felt like one family after that session because we could now pray more meaningfully for each other. On Saturday morning we left for Rondo Retreat Centre in Kakamega Forest, Kakamega County. The center is managed by Trinity Fellowship, a Christian organization with a focus on student ministry. It has facilities for activities like retreats, wedding parties, and board meetings.
We had planned to go on a forest trail and the Centre Manager organized for a guide to take us on the trail. We were blessed to be joined on the forest trail by Canon Gaven and his wife. Since we were to release our shuttle at the start of the trail, the couple kindly offered to carry our packed lunch in their car.

The trail took us to the highest peak of Liranda Hill where we had a good view of Nandi Plateau. The forest is home to many species of birds, and many small game animals like monkeys, snakes and antelopes amongst others. During the day, the animals hide in the forest and are not easily seen.

We enjoyed the lovely singing of birds and our guide amazed us when he joined the singing and one species of birds responded. The forest is also home to many species of butterflies. The Forest Department has allowed the residents of that area to hunt the butterflies for trading purposes. At the end of the forest trail, we enjoyed our delicious lunch by the roadside.

At 3.30 pm, we assembled for the afternoon sharing from one of us, Elizabeth Ragui. Her sermon was from Romans 12:1-21. In these verses Paul shares on the kind of worship that glorifies God. The highlights included:

1. Offering our bodies as living sacrifices Holy and pleasing to God
2. Being transformed by the renewing of our mind.
3. God gives each of us spiritual gifts which must be used fully, generously and cheerfully utilized as an act of worship to Him.
4. Christians should show true love to everybody. We were well-nourished spiritually and pondered on whether we knew our gifts and whether we were using them.

It was a blessing to us that our retreat coincided with the former Assistant Provost’s [now Rt. Rev. Paul Korir] enthronement service in Kapsabet as the first Bishop of Kapsabet Diocese. On Sunday 12th June morning we prayed and boarded a matatu to Kapsabet show ground. The event was a memorable. The function was presided over by the Most Rev. Dr. Eliud Wabukala the immediate former Archbishop of the Anglican Church of Kenya. The ceremony was attended by nearly all the bishops as well as leaders of other denominations. There was a big contingent from All Saints’ Cathedral as a sign of their love for Bishop Korir.

By the end of the retreat we felt blessed because we bonded more and accomplished a lot, the highlights of the retreat being the Kakamega Forest trail and the comfortable stay with our host. Also the opportunity to witness Bishop Paul Korir’s enthronement was a pleasant coincidence.

On Monday 13th June 2016, we travelled safely back to Nairobi. All glory and honor to our God.
The subject of disability challenges our philosophy and theology. In the Old Testament era, anyone with physical defect could not be a priest and any animal with blemish could not appear on the altar. But the advent of Jesus the Christ opened a new and living way. His body was broken for us. The nail-deformed hands of the resurrected Christ were touched by Thomas. And our Great High Priest ascended into heaven with all the scars, into the actual Most Holy Place.

We have an obsession with perfection. Not a few are paranoid on ‘How do I look?’ But there is a divine purpose in our physical imperfections and harrowing experiences. The way we respond to our personal sufferings, needs, and limitations and the way we respond to those of others are a reflection of our spirituality. In particular, the Bible emphasizes that caring is a hallmark of pure religion (James 1:27). On the judgement day, the King will say to many, “Away with you, I was in need and you didn’t show care” (Matthew 25:41-46).

But we should avoid inappropriate and even hurtful ‘caring’. Do no harm in your effort to do good. A very common challenge that persons and families with disability face is with concerned Christians who want to see them persist in going from one healing crusade to another, from one powerful praying preacher to another. Ardent caring prayer-warriors give them no rest for ceasing to show up at deliverance clinic: “You are an ‘unbelieving believer’ to accept to live with impairment; with God there is no impossibility”. Scripturally, when should a person or family accept that ‘this is a permanent condition we have to live with’? We need teaching in that area.

The Church is meant to be a caring community. The moral strength of a community is most clearly indicated by how it relates to its weakest members. When the subject of disability comes up, our minds go to the street beggars. That, of course,
is good, but ‘charity should begin at home’. Within our family circle, in our neighbourhood, among our church fellowship members, and within our congregations are those struggling with chronic physical and psychosocial needs. Those we see outside are only a small fraction of the population of persons-with-disability. There is the invisible behind-the-door majority. How are we serving them and how can we do more?

All Saints Cathedral has been taking quite commendable strides on caring service. But the scope we are called onto is vast and the aspects of service are numerous. The Deaf group worshipping in our premises since 1997 has now become a part of us. We have now been demonstrating ownership of the Cathedral Urban Outreach Programme, which earlier on had been left largely to foreign donors. And we are playing a leading role in facilitating consistent support for St Nicholas Children’s Home. We responded commendably on the call for assistance in Mathare Hospital. We are offering some contributions to the Cerebral Palsy Children’s Unit in Parklands School. And there is the annual Disability Awareness Month. For a Cathedral Pulpit to be given over for 5 consecutive Sundays to outsiders, non-priests, to preach on Disability is unprecedented! What remains is to carry it over beyond once a year emphasis.

There is the need for each ministry and each sector in the Cathedral to
intentionally mainstream ongoing caring service into its regular schedule, strategic accompaniment of chronically challenged people. Have them in the annual plan of ministry activities, including appropriate budget provisions. Could each department or ‘Pillar’ and each minister identify specific aspects that fit into their regular functions and take them on as ongoing engagement? That is, servicing ‘Special Needs’ on ongoing basis. And we need constant reminders and increasing awareness about preventing the preventable. Advocacy, bearing influence for structural and policy changes, is another area where the Cathedral corporate and individual well-placed members could and should be playing a vital role.

The Cathedral has now commenced a Volunteer Assistant-Caregivers Scheme whereby we facilitate regular brief relief for overstressed caregivers of chronically home-confined Cathedral members. However, it will be helpful if, additionally, the Cell Group nearest to each home-confined member could also schedule regular solidarity visits. And our teens and youths could arrange occasional cleaning-up visits.

Generally, when disability appears in a family, the husband ‘takes off’. In general, the wife bears a disproportionate share in the burden of care. The Church has a lot to do to get the menfolk to move up in the caring responsibility. In the Anglican Church, the Mothers’ Union mobilizes the women in the Church on ministry. Objective 5 of the Union touches directly on caring service, “To help those whose family life has met with adversity”. Let’s upscale attention on this objective. And influence the men too to come along.

Bent posture is a characteristic of the aged. But for many, there are serious issues beyond slanting gait. Old-age disabilities are becoming a growing challenge in our contemporary busy context whereby the aged receive decreasing attention. We need frequent reminders and also occasional training on care of the aged. And as pastoral equipping for managing the traumatic transition into Retirement, the Church needs to introduce ongoing Retirement Preparation Programme just like we have pre-marital counselling programme. The Cathedral is commendably in the right direction, but we are not quite there yet.
The Great Commission

Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.” Matthew 28:19-20 (NIV)

Based on Matthew 28:18-20

ACROSS
1. Giving instructions to a group of students
3. The opposite of stop
6. The planet on which we live
7. The place where God lives
8. Followers of Jesus

DOWN
2. Groups of people living in a certain area; countries
4. To follow the commands, rules, or guidance
5. The Son of God

EARTH
JESUS
TEACHING
DISCIPLES
GO
OBEY
HEAVEN
NATIONS
### ALL SAINTS CATHEDRAL CHURCH
### SUMMARY OF MONTHLY COLLECTIONS
#### 31 July 2016

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<th>T/GIVING KSHS</th>
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<td>4,284,038.50</td>
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<td>HOSPITAL VISITATION</td>
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<td>MIDWEEK</td>
<td>174,750.00</td>
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<td>236,854.00</td>
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<td>OTHER SERVICES</td>
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<td>292,942.50</td>
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<td>41,349.00</td>
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<td>334,291.50</td>
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<td>WEEKLY OFFICE COLECTIONS</td>
<td>2,933,138.40</td>
<td>238,800.00</td>
<td>5,400.00</td>
<td>254,000.00</td>
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<td>465,594.00</td>
<td>214,429.00</td>
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<td>26,200.00</td>
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<td>706,223.00</td>
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<td><strong>TOTAL INCOME</strong></td>
<td>12,013,540.40</td>
<td>4,175,151.50</td>
<td>240,950.00</td>
<td>531,000.00</td>
<td>1,211,012.00</td>
<td>310,790.00</td>
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<td>TOTAL CHURCH COLLECTION</td>
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<td>TOTAL MONTHLY PROJECT COLLECTIONS</td>
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<td>TOTAL ONE SONG COLLECTIONS</td>
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<td><strong>TOTAL MONTHLY COLLECTIONS</strong></td>
<td>20,778,543.90</td>
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<td>FOREIGN CURRENCY</td>
<td>USD=1,641</td>
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</table>
The All Saints’ Cathedral Trinity Centre offers modern and well furnished meeting rooms, an auditorium, a restaurant/cafeteria and serene grounds all within a pristine Christian environment.

We have meeting rooms that are ideal for fundraisers, training/seminars, individual graduation receptions, cocktails, dinners and parties. While the auditorium which has a sitting capacity of 1800 is ideal for international and local conferences, wedding services/receptions, concerts/plays, AGMs, graduation ceremonies and dinners. Additionally, the auditorium is fitted with translation booths and state of the art audio-visual equipment.

Contact us for more information/booking on 
0728-217715 or Email: trinitycentre@allsaintsnairobi.org