BIBLE DISCUSSION STUDY QUESTIONS

THEME: RUNNING WITH THE VISION

TEXT: Matthew 6:25-26

This week’s theme is ‘Running with the vision’. From the beginning of this month, we have been looking at the Strategic Plan with an aim of understanding it. In the Strategic Plan, God gave us a vision. In order for us to run with the vision, we need to do away with worry. For us to overcome anxiety, we need to be focused.

According to Jesus, we tend to spend a lot of our time worried about our physical life and other needs. Think about it: Do you spend more time worried about your soul—about your obedience to God etc.—or about your bank account, house, health, food, etc.? So the first point Jesus makes in Matthew 6:25-34 is anxiety about daily bread.

Birds seem to have faith than us. They just go about being and doing what they were made to be and to do, and the Father feeds them. They worry less about their tomorrow. Again, if the Father clothes grass, He will clothe us as well. We only need to trust in our Father.

Verse 33 reminds us to seek righteousness. For when we seek God’s righteousness we will be closer to Him and He will take care of our needs. So rather than being anxious about food and clothes and health and even our own life, we are to bring those things to the Lord in prayer. The antidote to worry is not to do anything to secure your needs. It is rather to seek first the things that are first the Kingdom of God and the righteousness of God and then to use those lesser things to serve that greater thing.

Therefore, for us to be able to run with the vision, we need to be focused on God and put our trust in Him. We also need to walk in total obedience of His word by seeking His righteousness.
1. What three worries did Jesus discourage among His followers? (v. 25)
2. What are some of the negative effects of worry in our life?
3. What lessons can we learn from animals and plants? (v. 26)
4. What is the difference between planning for the future and worrying for the future?
5. If God is in control of our lives, why do we worry?
6. In verse 30, why did Jesus say, “...you of little faith?” How is faith related to worry?
7. How can we overcome worry?
8. How can we develop faith?
9. What does it mean to, “seek first the Kingdom of God and It’s righteousness” (v. 33)
10. How can we connect today’s reading with our Strategic Plan?