APPEAL FOR DONATION OF FOOD: We appeal to Cathedral congregation for support towards the Cathedral Food bank. You can either donate dry foods or send a contribution through paybill 303036 Acct: Food bank.

ANNUAL MARRIAGE CONFERENCE 2022: Couples are invited to the Annual Marriage Conference from 20th to 23rd October at PrideInn Flamingo Beach Resort and Spa, Mombasa. The cost is Kshs. 45,000 per couple excluding transport payable via Cathedral paybill 303036, account Momconf2022. Kindly register via Cathedral website.

HEALTH TALK FOR SENIOR CITIZENS: is scheduled to take place on 6th July 2022 from 11am to 12 noon. For planning, register at information tent.

INTRODUCTORY STATEMENT
Live as free men, yet without using your freedom as a pretext for evil; but live as servants of God, (1 Peter 2:16).

THE COLLECT FOR THIRD SUNDAY AFTER TRINITY
“I thank You, Father, Lord of heaven and earth, because You have hidden these things from the wise and the intelligent and have revealed them to infants; Yes Father, for such was Your gracious design.” Grant that we, like babes, would embrace the imperatives of the kingdom and so conduct our lives in a manner that solely brings glory to Your name. In Jesus Name we pray. Amen

MINISTER ON DUTY
THIS WEEK: Rev’d Alfred Apela
NEXT WEEK: Rev’d James Kimari
SERVICES DURING THE WEEK: We welcome you to the following services which are held at the Cathedral during the week.

i. **7.00am from Monday to Friday:** Holy Communion Service

ii. **5.00am on Wednesdays:** Online Prayer Sessions for women

iii. **10.00am on Wednesdays:** Senior Citizens Holy Communion Service

iv. **5.30pm on Wednesdays:** Prayer & Healing Service (Physical) Main Sanctuary

RESUMPTION OF SUNDAY SERVICES: we have resumed services as they were pre-covid. This means the services are as follows:

i. **7.00am:** Holy Communion Service in the Main Sanctuary (Live Stream Facebook, YouTube)

ii. **8.00am:** Adult English Service in the Main Sanctuary - Sunday School at the Kindergarten

iii. **9.30am:** Adult English Service in the Main Sanctuary - Ibaada ya Kiswahili St. Philips Chapel - Sunday School at the Kindergarten - Teens Service at the Trinity Centre - Youth Service (Live Stream Facebook, YouTube) at the Trinity Centre. - Creche for parents with children below 2 years at St. Matthew.

iv. **11.30am:** Adult English Service (Live Stream KBC, Facebook, YouTube) at the Main Sanctuary - Sunday School in the Kindergarten - Teens Service at the Trinity Centre - Young Adult Service at the Trinity Centre - Deaf Service in St. Philip’s Chapel - Creche for parents with children below 2 years at St. Matthew.

v. **6.00pm:** Evensong (Live Stream YouTube, Facebook) in The Main Sanctuary

BANNS OF MARRIAGE

WE PUBLISH THE BANNS OF MARRIAGE BETWEEN:

This is the third time of announcing

If any one of you has any just cause why these people should not be joined in marriage you are to declare it to the Provost.

CHILDREN AND TEENS WITH SPECIAL NEEDS: Parents and guardians of children and teens with special needs are requested to register at the Information Tent or via the Cathedral website to assist the Cathedral in determining the best way to minister to these children.

TEENS CONFIRMATION REGISTRATION: registration for the confirmation of December 2022 is ongoing. Parents of teens are requested to register via the Cathedral website. The registration link is in the “Notices” tab. The deadline for registration is Saturday 16th July 2022.

TEENS PARENTS’ REGISTRATION: the teens ministry is updating their database and requests all parents of teenagers to register their teens’ details via the Cathedral website. The registration link is in the “Notices” tab.

IGCSE TEENS WEEK: The Teens Ministry will hold a three-day teens week for teenagers in the IGCSE school system from 20th to 22nd July. The sessions will be physical at the Cathedral from 8:30am to 12:30pm. Please contact the teens coordinator for details.

CELL GROUP: If you registered for cell group in the month of May, and you have not been contacted and also if you would like to join a Cell Group, please visit the information tent after the service. Cell Groups’ Ministry team will be there to attend to you.
ST PHILIP’S CHAPEL
9.30 A.M. USHIRIKA UTAKATIFU
(Kitabu Cha Sala Kwa Watu Wote)
Nyimbo Standard
Mcheza Kinanda: Githinji Kanui
Kiongozi: Rev’d Joseph Kamau
Msaidizi: Elizabeth Ng’ang’a
Wimbo wa kwanza: 340- Moyo wangu, sikiza
Sala ya Bwana 21
Amri Kumi 22
Sala ya Jumapili ya Tatu baada ya Utatu
Sifa na kuabudu
Agano la Kale: Hagai 1:1-15
Elizabeth Ng’ang’a
Wimbo wa kwaya: Nijapo sema kwa lugha
Injili: Mathayo 22:15-22
Kasisi
Wimbo: 267- Wamwenda Jesu kwa kusafiwa
MUHUBIRI: KASISI. PATIENCE MAYABI
Imani ya Nikea 24
Amani na kupokea wageni
Wimbo wa Sadaka: 17- Baba tupe neema
Kuliombea Kanisa la Kristo 27
Maombi ya Toba 28 - 31
Huduma ya Ushirika 32
Wakati wa Ushirika:
MATANGAZO
Baraka 34
Wimbo wa Kutoka: 346- Pendo zako Mungu tamu
9.30am Teens Service
Preacher: Jim India
9.30am Youth Service
Preacher: Vincent Kimosop
9.30 A.M. ADULT ENGLISH SERVICE
(Modern Services)
Hymns: Ancient and Modern Revised
Organist: Imbugi Luvai
Leader: Rev’d Alfred Apela
Assisted by: Claudius Shemaiah
Opening Hymn: 4- New every morning is the love
Call to worship 3
Confession, Absolution & Responses 4
Gloria
Apostles’ Creed 12
Praise and adoration
Intercessory Prayers
The Lord’s Prayer 13
Collect for the Third Sunday after Trinity
Sharing of peace & welcoming visitors
NOTICES
1st Reading: Hagai 1:1-15
Nikita Orwenyo
CHOIR ANTHEM: All things bright and beautiful (J. Rutter)
2nd Reading: Matthew 22:15-22
Makayla Kabugo
Hymn: 581- Lord, while for all man kind we pray
SERMON: PROVOST
Offertory Hymn: 482- Come, ye thankful people
The Blessing 18
Recessional Hymn: 629- Onward christians soldiers
11.30 A.M. ENGLISH ADULTSERVICE
(Our Modern Services)
(Live Stream KBC, YouTube, Facebook)
Hymns: Supplementary Hymns
Organist: John Musila
Leader: Rev’d Patricia Okiring’
Assisted by: Esther Odhiambo
Introit: Cantate Domino (Guiseppe Pitoni)
Opening Hymn: A2 – Amazing grace
Call to worship 3
Confession, Absolution & Responses 4
Psalm: 91 (Qui, habitat)
1st Reading: Hagai 1:1-15
Linsey Masinde
2nd Reading: Matthew 22:15-22
Cyrus Wanyoike
SONG OF JESUS
Apostles Creed 12
The Lord’s Prayer 13
Collect for the Third Sunday after Trinity
Intercessory Prayers
CHOIR ANTHEM: How lovely are thy dwellings (Johannes Brahms)
Sharing of peace & Welcoming visitors
NOTICES
Hymn: 356 – Thy way, not mine, O Lord
SERMON: BISHOP JOSEPH GALGALO
Offertory Hymns: 290 – Through all the changing scenes of life
The Blessing
Amen (sung)
6.00 P.M CHORAL EVENSONG
(Book of Common Prayer - 1662)
(Live Stream YouTube, Facebook)
Hymns: Ancient and Modern Revised
Organist: Joe Davis Kabuba
Leader: Provost
Assisted by: George Njuguna
Setting: Stanford in G
Responses: Smith 4 part
Introit: Cantate Domino (Guiseppe Pitoni)
Opening Hymn: 382 – Praise to the Lord, the almighty
General Confession & Absolution 16-18
The Lord’s Prayer & Responses 19
Psalm: 84 (Quam dilecta)
2nd Reading: Matthew 22:15-22
Ryan Ombara
NUNC DIMITTIS
Apostles’ Creed & Responses 22-23
Collect for the Third Sunday after Trinity
Evening Prayer 24 - 26
CHOIR ANTHEM: How lovely are thy dwellings (Johannes Brahms)
Sharing of peace & Welcoming of visitors
NOTICES
Hymn: 356 – Thy way, not mine, O Lord
SERMON: BISHOP JOSEPH GALGALO
Offertory Hymns: 290 – Through all the changing scenes of life
The Blessing
Amen (sung)
6.00 P.M CHORAL EVENSONG
(Book of Common Prayer - 1662)
(Live Stream YouTube, Facebook)
Hymns: Ancient and Modern Revised
Organist: Joe Davis Kabuba
Leader: Provost
Assisted by: George Njuguna
Setting: Stanford in G
Responses: Smith 4 part
Introit: Cantate Domino (Guiseppe Pitoni)
Opening Hymn: 382 – Praise to the Lord, the almighty
General Confession & Absolution 16-18
The Lord’s Prayer & Responses 19
Psalm: 84 (Quam dilecta)
2nd Reading: Matthew 22:15-22
Ryan Ombara
NUNC DIMITTIS
Apostles’ Creed & Responses 22-23
Collect for the Third Sunday after Trinity
Evening Prayer 24 - 26
CHOIR ANTHEM: How lovely are thy dwellings (Johannes Brahms)
Sharing of peace & Welcoming of visitors
NOTICES
Hymn: 356 – Thy way, not mine, O Lord
SERMON: BISHOP JOSEPH GALGALO
Offertory Hymns: 290 – Through all the changing scenes of life
The Blessing
Amen (sung)
### Sermon Notes

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>6.00 pm</td>
<td>Deaf Service at St. Philip's Chapel</td>
<td></td>
</tr>
<tr>
<td>7.00 am</td>
<td>Holy Communion Service (Live Stream YouTube, Facebook)</td>
<td></td>
</tr>
<tr>
<td>8.00 am</td>
<td>Adult English Service</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sunday School at Kindergarten</td>
<td></td>
</tr>
<tr>
<td>9.30 am</td>
<td>Holy Communion at Nairobi Hospital</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Adult English Service</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sunday School at the Kindergarten</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ibaada ya Asubuhi (St. Philip’s)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Teens Service at Trinity Centre (Ground Floor)</td>
<td></td>
</tr>
<tr>
<td>11.30 am</td>
<td>Adult English Service (Live Stream KBC, Facebook, YouTube)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Young Adults Service at Trinity Centre</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Teens Service at Trinity Centre (Ground Floor)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sunday School at Kindergarten</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Deaf Service at St. Philip’s Chapel</td>
<td></td>
</tr>
<tr>
<td>6.00 pm</td>
<td>Evensong (Live Stream YouTube, Facebook)</td>
<td></td>
</tr>
</tbody>
</table>

### FOURTH SUNDAY AFTER TRINITY

**TOPIC:** The Role of Christians in Politics

**READINGS:** Judges 5:1-12, Matthew 5:17-20

**NOTICES**

1. **1st Reading:** Haggai 1:1-15
   - Juda Onesimus

2. **2nd Reading:** Matthew 22:15-22
   - Lilies Gachanja

**CHOIR ANTHEM:** Panis Angelicus

**SERMON:** REV’D EVANS OMOLLO

- The Nicene Creed
- Prayers of Penitence
- Absolution

**Sharing of Peace & Welcoming Visitors**

**Offertory Hymn:** Tell it to Jesus (projected)

**NOTICES**

- The Blessing
- Recessional Hymn: Tell out my soul (projected)

**9.30 a.m. Holy Communion Today at Nairobi Hospital - Rev. P. Owuor**

**8.00 a.m. Adult English Service (Our Modern Services)**

- Hymn: 579 - I vow to thee, my country, all our God

**NOTICES**

- The Lord’s Prayer
- Sharing of Peace & Welcoming Visitors
JUMAPILI YA TATU BAADA YA UTATU
JULAI 3, 2022

MADA LEO:

TAARIFA YA UTANGULIZI
Kama walio huru, ila wasiotumia uhuru huo kwa kusitiri ubaya, bali kama watumwa wa Mungu, (1 Petro 2:16).

SALA YA JUMAPILI YA TATU BAADA YA UTATU
“Nakushukuru Ee Baba, wa mbingu na nchi kwa kuwa umewaficha mambo haya watu wenye hekima na akili na ukawafunulia watoto wachanga; Baba, hivyo ndivyo ilivyokuwa mpango wako.” Utujalie kwamba, sisi kama watoto wachanga, tayakumbatia mambo muhimu ya ufalme wako na kuyaongoza maisha yetu yale tukufu kwa jina lako. Amin.

KASISI WA ZAMU WIKI HII
WIKI HII: Kasisi. Alfred Apela
WIKI IJAYO: Kasisi. James Kimari