



ALL SAINTS' CATHEDRAL CHURCH, NAIROBI

THE ORDER FOR

Morning Prayer

On 22nd March 2026

At 11:30 am

THE FIFTH SUNDAY IN LENT

TODAY'S TOPIC: Prayer Awakens our Spiritual Life

Leader: Provost

Assisted by: Cledwyn Mamai

Preacher: Lucy Waruingi

Live Stream by ASC: Facebook and YouTube

THEME FOR THE YEAR: God Never Fails (Joshua 21:45)

ORDER OF THE SERVICE

NOTES

- i. *This service flows as provided in the programme without announcements.*
- ii. *Families are encouraged to use this liturgy to follow the live stream service and respond according*
- iii. *The service program is found on the Cathedral Website www.allsaintsnairobi.org*
[People Stand during the procession]
[People sit for the introit]

1. INTROIT: O Lord, my God, to thee (*Jacques Arcadelt*)

(Text from Psalms 25 & 26)

O Lord, my God to thee do I lift up my soul.
O Lord, in thee, in thee have I trusted.
Let me not be ashamed, let not my foes triumph over me.
O lead me in a plain path; cast me not off, neither forsake me.
Teach me thy way, Lord,
Lead me, lead me in a plain path.
O hide not thy face, Hide not thy face far from me.
Lord God, Lord God, Hide not thy face far from me.
Amen.

2. WELCOME REMARKS

3. OPENING HYMN: This is my Father's world

This is my Father's world,
And to my list'ning ears,
All nature sings, and round me rings
The music of the spheres
This is my Father's world,
I rest me in the thought
Of rocks and trees, of skies and seas;
His hand the wonders wrought.

This is my Father's world,
The birds their carols raise;
The morning light, the lily white
Declare their Maker's praise.
This is my Father's world,
He shines in all that's fair;
In the rustling grass I hear Him pass,
He speaks to me everywhere.

This is my Father's world,
O let me ne'er forget
That though the wrong seems oft so strong,
God is the Ruler yet.
This is my Father's world,
The battle is not done;
Jesus who died shall be satisfied,
And earth and heaven be one.

(People remain standing)

4. CALL TO WORSHIP

Leader: The Lord be with you.

People: **And also, with you**

Leader: We have come together, the people of God, drawn by his spirit, longing for his word, to praise the holy name of the Lord, to share his glorious news of grace, to pray for our needs and the pain of the world, to rejoice in his love and be sent in his peace.

Leader: We are heirs of the Father;

People: **joint heirs with the son,**

Leader: Renewed in the Spirit,

People: **together we are one**

4. CONFESSION

Leader: If we say we have no sin, we deceive ourselves and there is no truth in us. If we confess our sins, in repentance and trust, God is faithful and just, and will forgive us our sins. So let us confess them to our Father.

(People Kneel/Sit)

All: **Eternal Father, God of our ancestors, before your power all things tremble but through your son, we approach your throne. We have done wrong and neglected to do right; our sins weigh heavily on our hearts: Lord have mercy, count them not against us. Grant us the joy of forgiveness and lighten our hearts with the glory of Christ, who died and rose again for us. Amen.**

5. ABSOLUTION

Minister: The God and Father of our Lord Jesus Christ rejoices at repentance and declares his acceptance. The dead are alive, the lost are found. His goodness and mercy will follow you all the days of our life, and you will live in the house of the Lord for ever. **Amen.**

6. RESPONSES (sung)

Leader: Blessed are those who live in your house:

People: **They will be always singing your praise.**

Leader: Praise the Lord.

People: **The name of the Lord be praised.**

(People Stand)

(Then the Psalm is sung)

7. **PSALM 119 vv 153 - 168** (*Vide humilitatem*)

- 1 O consider mine adversity ' and de 'liver me: for I do ' not for'get thy law.
- 2 Avenge thou my cause ' and de 'liver me: quicken me ac'ording ' to thy ' word.
- 3 Health is far ' from the un'godly: for ' they're'gard not thy ' statutes.
- 4 Great is thy ' mercy O ' Lord: quicken ' me as ' thou art ' wont.
- 5 Many there are that ' trouble. me and ' persecute me: yet do I not ' swerve ' from thy ' testimonies.
- 6 It grieveth me when I ' see the trans'gressors: be'cause they ' keep not thy ' law.
- 7 Consider O Lord how I love ' thy com'mandments: O quicken me ac'ording. to thy ' loving ' kindness.
- 8 Thy word is true from ' ever'lasting: all the judgements of thy righteousness en'dure for ' ever'more.
- 9 Princes have persecuted me with'out a ' cause: but my heart ' standeth in ' awe of thy ' word.
- 10 I am as ' glad of thy ' word: As one that ' findeth ' great ' spoils.
- 11 As for lies I ' hate and ab'hor them: but thy ' law ' do I ' love.
- 12 Seven times a ' day do I ' praise thee: be'cause of thy ' righteous ' judgements.
- 13 Great is the peace that they have who ' love thy ' law: and they are ' not off'ended ' at it.
- 14 Lord I have looked for thy ' saving ' health: and done ' after ' thy com'mandments.
- 15 My soul hath ' kept thy ' testimonies: and ' lov-ed ' them ex'ceedingly.

16 I have kept thy com'mandments and ' testimonies: for ' all my ' ways
are be'fore thee.

(People Sit)

8. FIRST READING: Ezekiel 37:1-14 – *Wendy Kahuri*

9. SECOND READING: John 11:25-44 – *Edith N. Mbigi*

(People Stand)

10. SONG OF JESUS

(Luke 6:27 – 28; Mathew 25:35 – 36; Luke 7:22 – 23; Luke 10:21)

1. Love your enemies,
Do good to those who hate you,
2. Bless those who curse you,
Pray for those who abuse you.
3. I was hungry and you gave me food,
Thirsty and you gave me drink,
4. A stranger and you welcomed me,
Naked and you clothed me,
5. Sick and you visited me,
In prison and you came to me:
6. The blind receive their sight,
The lame walk, the lepers are cleansed.
7. The deaf hear, the dead are raised:
the good news is preached to the poor
and blessed are those not offended at me.

11. THE APOSTLES' CREED

Leader: We stand with Christians throughout the centuries and throughout the world today, to affirm our faith in the words of the Apostles' Creed.

All: I believe in God, the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

12. PRAYERS

Leader: The Lord be with you.

All: **And also, with you.**

Leader: Let us pray

(People kneel and sing)

All: **Ask and it shall be given unto you,**

Seek and you shall find,

Knock and the door shall be opened unto you.

Allelu, alleluia

Leader: As our Saviour taught us, so we pray:

THE LORD'S PRAYER – (Sung) (Arr. Caribbean)

Our Father, who art in heaven, holy be your name,

Your Kingdom come, your will be done, holy be your name, holy be your name.

On earth as it is in heaven, holy be your name,

**Give us this day our daily bread, holy be your name, holy
be your name.**

**Forgive us our trespasses, holy be your name,
As we forgive those who trespass against us, holy be your
name, holy be your name.**

**Lead us not into temptation, holy be your name,
But deliver us from all that is evil, holy be your name, holy
be your name.**

**For yours is the kingdom, the power and the glory, holy be
your name.**

**For ever and ever, for ever and ever, holy be your name,
holy be your name.**

Leader: Show us your mercy, O Lord;
People: **and grant us your salvation.**

Leader: O Lord, guide our President;
People: **and give him your wisdom and justice.**

Leader: May your ministers serve you faithfully;
People: **and your royal people joyfully.**

Leader: In the valley of the shadow of death;
People: **protect us with your rod and staff.**

Leader: Like trees planted by the waterside;
People: **grant us the fruit of your Spirit.**

Leader: Send us out as the salt of the earth;
People: **and as the light of the world.**

Leader: May the earth be filled with your glory;
People: **as the waters cover the sea.**

Collect for fifth Sunday in Lent

All: **Almighty God, holy and eternal, grant us to know the virtue
of humility and sincerity in our walk with you, that we may**

shun the futile lures of this life and put first the eternal gains of being true followers of Christ. Through Jesus Christ our Lord. Amen.

Collect for Ash Wednesday

All: Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Prayer for peace

Leader: Almighty and everlasting God, Father of the Prince of peace, in returning and rest we are saved, in quietness and trust is our strength. Grant us the blessing of making peace and the joy of seeking justice. Take from our souls all strain and stress, and let our ordered lives confess, the beauty of your peace; through Jesus Christ our Lord. Amen

Prayer for grace

Leader: Almighty God, you have been our guard through the night, keep us in your care through the day; walking in the light, bearing witness to your way, seeking first your kingdom and seeing you in everyone; guide us in the footsteps of your Son, and lead us on the path to your everlasting Day: through Jesus Christ our Lord. Amen

Prayer for the nation

Leader: Almighty God, You rule all nations and direct them according to Your will. We pray that You will guide our president and all leaders of our country, So that they may always use the authority, Which You have given them for the peace of the world, the benefit, honour and development of our nation, and the good of Your holy Church; Through Jesus Christ our Lord. **Amen**

Prayer for the Church

Leader: Almighty and eternal God the only source of power. Grant to our bishops, pastors and all the people of our churches Your health-giving Spirit of Grace; And, in order that they may truly please you pour on them the continual dew of Your blessing; Grant this for the sake of our advocate and Mediator Jesus Christ. **Amen**

A General Intercession

Leader: O God, the creator and preserver of mankind, we commend to your care our families, our neighbours, friends and all the people of all nations. Enable us by your Holy Spirit to live in love for You and for one another. Comfort and heal all who are in sorrow, need, sickness, or any other trouble. Give them a firm trust in your goodness; help those who minister to them; and bring us all into the joy of your salvation. Through Jesus Christ our Lord. **Amen**

Prayer of St. Chrysostom

All: Almighty God, by your grace we have come together at this time to bring our united prayers to you; and you have promised by your Son Jesus Christ, that when two or three are gathered in his name he will be in the midst of them.

Fulfil now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the world to come life everlasting; through Jesus Christ our Lord. Amen

13. CHOIR ANTHEM: Still, my soul be still (*Arr. James Koerts*)

Still, my soul, be still and do not fear
Though winds of change may rage tomorrow.
God is at your side; no longer dread
The fires of unexpected sorrow.
God, You are my God, and I will trust in you
And not be shaken.
Lord of peace re-new a steadfast spirit
Within me to rest in You alone.

Still, my soul, be still; do not be moved
By lesser lights and fleeting shadows.
Hold on to His ways, with shield of faith
Against temptation's flaming arrows.
God, You are my God, and I will trust in you
And not be shaken.
Lord of peace re-new a steadfast spirit
Within me to rest in You alone.

Still, my soul be still; do not forsake
The truth you learned in the beginning.
Wait upon the Lord, and hope will rise
As stars appear when day is dimming.
God, You are my God, and I will trust in you
And not be shaken.
Lord of peace re-new a steadfast spirit
Within me to rest in You alone.
Still, my soul, be still.
Still, my soul, be still.
Be still.

Sharing of peace and welcoming of visitors

(People Stand)

14. HYMN: Be still, for the presence of the Lord

Be still, for the presence of the Lord,
The Holy One, is here;
Come, bow before Him now,
With reverence and fear.
In Him no sin is found,
We stand on holy ground;
Be still, for the presence of the Lord,
The Holy One, is here.

Be still for the glory of the Lord
Is shining all around;
He burns with holy fire,
With splendour He is crowned.
How awesome is the sight,
Our radiant King of light!
Be still, for the glory of the Lord
Is shining all around.

Be still, for the power of the Lord
Is moving in this place;
He comes to cleanse and heal,
To minister His grace.
No work too hard for Him,
In faith receive from him;
Be still for the power of the Lord
Is moving in this place.

15. SERMON: LUCY WARUINGI

16. OFFERTORY

[The Minister invites people to offer their gifts by using the details displayed on the screens and on the last page of the service programme]

Paybill No. 303036 for offertory, tithes, Organ Fund, flower fund etc

Paybill No. 303035 for Children and Teens Centre (CTC) Project.

17. OFFERTORY HYMN: And can it be?

And can it be that I should gain
An interest in the Saviour's blood?
Died He for me, who caused His pain?
For me, who Him to death pursued?
Amazing love! how can it be
That Thou my God shouldst die for me?
Amazing love! How can it be
That Thou my God shouldst die for me?

'Tis mystery all! The immortal dies:
Who can explore His strange design?
In vain the first-born seraph tries
To sound the depths of love divine!
'Tis mercy all! let earth adore,
Let angel minds inquire no more.
'Tis mercy all! let earth adore,
Let angel minds inquire no more.

He left His Father's throne above,
So free, so infinite His grace:
Emptied Himself of all but love,
And bled for Adam's helpless race;
'Tis mercy all, immense and free;
For, O my God, it found out me.
'Tis mercy all, immense and free;
For, O my God, it found out me.

Long my imprisoned spirit lay
Fast bound in sin and nature's night;
Thine eye diffused a quickening ray,

I woke; the dungeon flamed with light;
My chains fell off; my heart was free;
I rose, went forth, and followed Thee.
My chains fell off; my heart was free;
I rose, went forth, and followed Thee.

No condemnation now I dread;
Jesus and all in Him is mine!
Alive in Him, my living Head,
And clothed in righteousness divine,
Bold, I approach the eternal throne,
And claim the crown, through Christ my own.
Bold I approach the eternal throne,
And claim the crown, through Christ my own.

Leader: All things come from you O Lord.

People: **And of your own have we given.**

The Minister blesses the offertory/ tithes and gifts received.

18. NOTICES

19. THE BLESSING

Minister: Now to Him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever. And the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always.

Amen

20. RECESSIONAL HYMN: Jesus shall reign where'er the sun

Jesus shall reign where'er the sun
Does his successive journeys run;
His kingdom stretch from shore to shore,

Till moons shall wax and wane no more.

For Him shall endless prayers be made,
And praises throng to crown His head;
His name like sweet perfume shall rise
With every morning sacrifice.

People and realms of every tongue
Dwell on his love with sweetest song,
And infant voices shall proclaim
Their early blessings on His name.

Blessings abound where'er he reigns:
The prisoner leaps to lose his chains;
The weary find eternal rest,
And all the sons of want are blessed.

Let every creature rise and bring
Peculiar honours to our King;
Angels descend with songs again,
And earth repeat the loud Amen!

NOTICES

a. BANNS OF MARRIAGE

Enock Otiende Ahomo of Deeper Life Church, Nairobi and Sandra Otieno Eunice Adhiambo of All Saints' Cathedral, Nairobi

This is the Third time of announcing

If anyone knows any just cause or impediment why these persons should not be joined together in Holy Matrimony; you are to declare it to the Provost.

b. NOTICE OF SI QUIS:

i) Notice is hereby given that the following persons intend to offer themselves for the office of a Priest in the DIOCESE OF ALL SAINTS' CATHEDRAL at the ensuing ordination by The Most Rev. Dr Jackson Ole Sapit, Archbishop of Kenya and Bishop of All Saints' Cathedral Diocese on April 2, 2026 at the All Saints' Cathedral, Nairobi at 9:00am.

- 1. Rev'd Vivian Wanjiku Ritho - Andere** of ACK St Francis Church Karen.
- 2. Rev'd Victor Mutabacho Gatumu** of ACK St Francis Church Karen.
- 3. Rev'd Capt. Elijah Abwao** of St Luke's Kenyatta.

If any person knows any just cause or impediment for which they ought not to be ordained Priests for the Diocese aforesaid, he or she is now to declare the same or to signify the same forthwith to the Archbishop on or before March 31,2026.

ii) Notice is hereby given that the following persons intend to offer themselves for the office of a Deacon in the **DIOCESE OF ALL SAINTS' CATHEDRAL** at the ensuing ordination by The Most Rev. Dr Jackson Ole

Sapit, Archbishop of Kenya and Bishop of All Saints' Cathedral Diocese on April 2, 2026 at the All Saints' Cathedral, Nairobi at 9:00am.

- 1. Capt. Moses Obinya Musumba** of St Joseph Kabete
- 2. Capt. Stephen Mugendi Njiru** of Christ the King Ngando
- 3. Capt. Simon Peter Witi Gitau** of St Jerome Gatwikira
- 4. Margaret Wamaita Ng'ang'a** of Kenya Police Service.

If any person knows any just cause or impediment for which they ought not to be made Deacons for the Diocese aforesaid, he or she is now to declare the same or to signify the same forthwith to the Archbishop on or before March 31, 2026.

This is the Third time of announcing.

c. PRAYER MINISTRY:

i) ON SUNDAYS: the clergy and the Lay Ministers are available for prayers after every service.

1. Prayers at the Tent at the Northern Lawn after 7.00am, 8.00am & 9.30am services.
2. Prayers at the Altar after the Youth, Kiswahili, 11.30am & 6.00pm services.

ii) Prayer & Healing Service is held every Wednesday at 5:30p.m in the Main Sanctuary.

d. ANNUAL ARCHBISHOP'S WALK

We warmly invite all congregation members to participate in the Annual Archbishop's Walk on Palm Sunday, 29th March. This journey will begin at 7:00am from All Saints' Cathedral to Maji House, Haile Selassie Avenue, GPO and back to the Cathedral. Come be part of this experience.

e. NOTICE OF ANNUAL GENERAL MEETING

NOTICE IS HEREBY GIVEN that the Annual General Meeting of the Church will be held both physically in the Cathedral and virtually via Zoom platform today, **22nd March 2026 at 2:00pm.**

f. THE CATHEDRAL GUILD is inviting congregants to join in spring cleaning and flowers decoration of the Main Sanctuary on Saturday, 4th April 2026 in preparation of Easter Sunday from 9:00am to 1:00pm. Kindly purpose to attend.

g. FAMILY DEPARTMENT

The Counselling Ministry invites congregation members for an important and life-impacting webinar on Suicide Awareness on Thursday 9th April 2026 from 7:00pm to 9:00pm. To register, kindly scan the QR Code available at the Information Tent or visit our website.

h. CHILDREN'S MINISTRY

1. Infant Dedication and Baptism classes. Parents are invited to register for April Infant Dedication and Baptism classes via the Cathedral website.

2. April Holiday Bible Club. All Saints' Cathedral Sunday School Ministry in partnership with Rhema Feast Kids, invite you to register your children ages 3-12 years for our April Bible Club, from 15th to 17th April from 8:00am to 3:00pm

i. FAMILY HEALTH AWARENESS WALK & FUN DAY:

The Family Health Awareness Walk & Fun Day is scheduled on **1st May 2026.** We are inviting you for a wonderful opportunity to be the hands and feet of Jesus to the **Newborn Unit at Mbagathi County Hospital.** We are requesting donations of Diapers, Baby soap, Baby clothes (**New or Old**), wipes,

baby oils, feeding bottles, and Blankets. Fridah Too will be receiving the donation, drop by the office over the week.

j. UPCOMING SERVICES & CONCERTS

- 1. Easter Fest Concert** on 29th March 2026 at **3:00pm.**
- 2. Maundy Thursday Services** on 2nd April at **7:00am & 6:00pm.**
- 3. Good Friday Services** on 3rd April at **7:00am, 10:00am & 3hr Service** at **12:00noon.**
- 4. Holy Saturday Vigil Eucharist Service** on 4th April at **5:30pm (Physical & Live Stream).**
- 5. Risen Concert** on 26th April at **3:00pm (Auditorium)**

CONTACT US:

Email: info@allsaintsnairobi.org

Tel. 0728 271 715 or 0702 645 069

Prayer and Pastoral Care Line: **0110 095 533** (from 9am to 4pm)

Email: prayerline@allsaintsnairobi.org

Website: www.allsaintsnairobi.org.

FOLLOW US ON:

You Tube/ Facebook/ Twitter: **All Saints' Cathedral, Nairobi**

MAKING PAYMENTS:

1. For Tithe, Thanksgiving, Offertory, Organ Fund, etc:

Mpesa Paybill No. 303036

A/C Name: All Saints' Cathedral Church

ABSA Bank, Queensway Branch A/C No. 0941048099

2. For CTC payments:

Mpesa Paybill No. 303035

Account: Your phone number

Bank A/C Name: All Saints Cathedral CTC

ABSA Bank, Queensway Branch A/C No. 2034405894